

Biannual Progress Report

April – September 2023

Reducing sexual exploitation and other forms of child labor through education to urban poor children of Nepal



Photo credit: CAC-Nepal

Submitted to: **Stichting Bungkulung, The Netherlands**

Submitted by: **Community Action Centre-Nepal (CAC-Nepal)**

Project Title	Reducing sexual exploitation and other forms of child labor through education to urban poor children of Nepal
Project Start and End Date	April 2023 - March 2024
Reporting Period	April - September 2023
Donor/s	Stichting Bungkulung, The Netherlands
Total Budget	NPRs 25,24,130.00
Geographic Coverage	Kathmandu valley
Partner/s	Shree Judodhaya Secondary School, Chhetrapati
Responsible Party/ies	CAC-Nepal
Reporting Organization	CAC-Nepal
Name, Position and Contact Details of Person Responsible for the Report	Omita Joshi, Program Manager, Ph. No. 9841255428
Stichting Bungkulung, The Netherland Focal Point	Tulasa Lata Amatya, Executive Director, Ph. No. 9851038011

Background

Since its establishment in 1993, Community Action Centre - Nepal (CAC-Nepal), has acted on the conviction that enhancing the spirit of people to take ownership of their own lives is paramount. It has realized this conviction by focusing on sustainable development with a special emphasis on girls and women. In particular, CAC-Nepal has worked to improve living standards and register the voice of women and girls in conditions where poverty and marginalization exacerbate vulnerabilities. CAC-Nepal is a pioneer in supporting individuals engaged in sex work have conducted programs since 2002. The project started with FHI360/USAID since from 2002 to 2019 working on Behavioral Change Communication among Female Sex Workers and comprehensive packages under different project title as Impact Project, ASHA Project, Saath Saath Project and LINKAGES Nepal project in Kathmandu Valley. CAC-Nepal working on Gender-Based Violence (GBV) intervention work was done during the time of Saath Saath project from 2016-2019 where integrated FP, HIV prevention, care, and treatment services for FSWs, clients of FSW and PLHIV in Bhaktapur district along with GBV prevention, screening and treatment where done. During the project implementation of psychological counseling, referrals were done to every GBV survivor for mitigating GBV. A project conducted on 2019 where 100 female sex workers on GBV survivors were empowered on leadership and economic development as well as referred to self-defense classes as this was necessary in case of female sex workers (FSWs) for self defense with violence from their client, husband and family. Recently CAC-Nepal has been successfully completed "Advancing the right of women engage in sex work in the context of Covid 19".

The project, "Reducing sexual exploitation and other forms of child labor through education to urban poor children of Nepal", was implemented by the Community Action Center-Nepal (CAC-Nepal) in partnership with Shree Judodaya Secondary School (JP School) through the generous support from Stichting Bungkulung The Netherland. The project aimed to improved access to, and participate in pre-primary and basic education in inclusive, safe and protective environments. The objectives of the projects are a) Increase the enrollment of children in formal school; b) Reduce dropout of children from formal school by providing child friendly place at government school of the Kathmandu valley; c) Provide financial support to children who are from marginalized group and also



project want to maintain deep-rooted intersecting inequalities and harmful practices. In this project, CAC-Nepal with support of Stichting Bungkulung , The Neatherland try to provide essential support to the students of Judodaya Higher Secondary School. CAC-Nepal's mission is to empower underprivileged children by removing barriers to education, and one significant

aspect of this mission is the provision of financial assistance for school expenses. CAC-Nepal focused on ensuring that 20 students from Judodaya Higher Secondary School (JP School) received the necessary resources and support to pursue their education effectively. Those students are from one class to seven class. Among the twenty students five are orphan, four are living with single mother and eleven have both parents even though they are very poor. The main income source of the family are labour. Detail list of the students are attached. (annex 1)

JP School is a government school located at Thamel area of Kathmandu district. This school is one of the oldest government school established in BS 1995 (85 years old school). Many politicians, doctors, professors studies in this school. This school located at the heart of Kathmandu city "Thamel". At present, there are 1200 students studying at this school. Most of the students are from the most underprivileged and destitute family. They are from dalit community, Chepang community and from different ethnic groups of Nepal. Almost all the student's family are migrated from 77 districts of Nepal.

Activities Accomplish

Below activities provides an overview of results achieved during the reporting period and cumulatively since the onset of the project:

1. Support for School expenses of 20 students of Judodaya Higher Secondary School;

On 24 May and 20 September, CAC-Nepal distributed stationaries, school bags, uniform to 20 students of JP school. In this reporting period, CAC-Nepal executed a comprehensive initiative to distribute essential school supplies to 20 girls studying at Judodaya Higher Secondary School. These supplies included uniforms (dresses), school bags, shoes, books, and stationery. The goal was to equip these students with

everything they needed to attend the school comfortably and be prepared for their studies.

In addition, CAC-Nepal also supported the admission and exam fees of 20 students. As government schools in Nepal do not charge admission or examination fees for the grade one students, CAC-Nepal paid only 19 students admission and exam fee.

2. Formation of parent teacher association (PTA) and regular meeting;

Parent teacher association plays a crucial role in fostering communication and collaboration between parents and teachers, ultimately benefiting the students' educational experience. The PTA at JP School was established as a platform for parents and teachers to come together to discuss and address matters related to the students'



education and well-being. On 24 May and 26 September, CAC-Nepal organized PTA meeting. One of the primary objectives of the PTA meetings was to create an open space where parents could express their feelings and concerns regarding the school. In this meeting 26 parents and gardients were participated. Ms. Tulasa lata Amatya, Executive Director of

CAC-Nepal welcome all the participants and also shared the objective of the meeting. After that Ms Omita Joshi, Program Manager of CAC-Nepal facilitated the meeting and also provided open platform for parents/gardients to share their thoughts on various aspects of their children's education,



extracurricular activities, and many more. This open dialogue allowed teachers to gain valuable insights into the parents' perspectives and concerns. This platform make them more comfortable to shared their personal and children problem with us.



PTA at JP School and the regular PTA meetings have contributed to improved communication, collaboration, and a more supportive educational environment for both students and their families. This initiative reflects a commitment to the holistic development of the students and the strengthening of the school community.

3. Training to teacher on child psychology and child friendly environment;

In this period CAC-Nepal provided training on child psychology/ Child friendly environment and gender equality training to all school teacher of the JP school. This session was conducted by child psychologist and gender specialist.

3.1 Child Psychology and Child-Friendly Environment Training:



On 14 July 2023, CAC-Nepal organized a training session on child psychology and creating a child-friendly environment. In this training Ms Tulasa Lata Amatya welcome all the participants and also shared objective of the training. The training was facilitated by a child psychologist and attended by 30 school teachers including principle and president of the school.



Teachers were educated on topics related to child psychology and how to establish an environment that is conducive to children's well-being. This training aims to help teachers better understand the psychological needs of their students and create a more welcoming atmosphere in the school. For example, If students did not come to the school, teacher should ask with students with calm and quietly instead of soughting, they might share their problem without any hesitation and fear.

3.1 Gender equality Training

On 28 July, 2023, CAC-Nepal also conducted gender equality training for the school's teachers, with 29 teachers including principle and president of the school.



The training was facilitated by gender specialist Ms Bharati Silawal Giri. This training covered various aspects of gender equality, including gender-based violence, gender stereotypes, and power dynamics in gender relationships. Teachers were equipped to educate their students about gender-based violence and its harmful consequences. Teachers

expressed a desire for more in-depth training on child psychology and gender equality.

As a response to the teachers' requests, CAC-Nepal plans to conduct more sessions on child psychology and gender equality in October 2023. The organization believes that those types of training sessions will contribute to reducing the dropout rate among students by providing a more child-friendly environment and promoting gender equality within the school. These efforts aim to create a safer and more supportive educational environment for both students and parents.

4. Event celebration: oratory context, public speaking, time management and SRHR

4.1 On the day of Bal Diwas, (National Children's Day), CAC-Nepal celebrated a special



day with students and teachers of JP School. Bal Diwas is a day dedicated to celebrating and honoring children. CAC-Nepal choose to mark this occasion by bringing together the school community for a joyful celebration. To make the day memorable and enjoyable for everyone, the students took an active role in organizing a cultural program. This program likely included various performances such as dances,

songs.



In the same day, CAC-Nepal distributed more educational materials to the school which can aid teachers in their instruction and enhance the learning experience for the students. In addition to providing educational materials for the school, CAC-Nepal also distributed stationery to the students like notebooks, pencils, pens, erasers, and other essential supplies that students need for their studies. Such distributions can alleviate the financial burden on parents and ensure that every student has the necessary tools for learning.

Overall, this Bal Diwas celebration at JP School was a well-rounded event that not only entertained and celebrated the students but also contributed to their educational progress by providing valuable materials and stationery.

4.2 On September 27, 2023, CAC-Nepal organized a Time Management training session for 8th-grade students at JP School. The event began with a warm welcome from Ms. Bimala Shrestha, the Vice President of J.P. School, who extended greetings to all the participants, including the team from CAC-Nepal.

The training was conducted by Ms. Tulasa Lata Amatya, the Executive Director of CAC-Nepal. During the session, she covered the following key points related to time management:



1. How to Manage Your Time - Urgent and Important: Ms. Amatya discussed the concept of categorizing tasks into urgent and important, emphasizing the importance of prioritizing tasks based on their significance and time sensitivity.
2. Principles of Time Management: She explained the fundamental principles of effective time management, which include setting clear goals, creating schedules, and minimizing distractions specially for the students at present situation .

3. The Role of Time Management in Achieving Success: Ms. Amatya highlighted the crucial role that time management plays in helping individuals achieve success in their lives. She emphasized how efficient time management can lead to better productivity, improved decision-making, and a more balanced life.

Overall, the Time Management training provided valuable insights and practical guidance to the 8th-grade students, equipping them with the tools and knowledge needed to make the most of their time and work towards a successful future. This training was ended with active participation. Students raise more questions and demanded more training on same topic.

- 4.3. On September 27, 2023, CAC-Nepal conducted a Sexual and Reproductive Health



(SRH) training session for students at JP School. The event commenced with a welcoming address from Ms. Bimala Shrestha, the Vice Principal of JP School, extending greetings to all participants, including the CAC-Nepal team.

Ms. Omita Joshi, the Program Manager of CAC-Nepal, led the entire training session. During the training, she focused on the following key components of Sexual and Reproductive Health:

1. HIV/AIDS: Ms. Joshi provided important information and awareness about HIV/AIDS, highlighting the significance of safe practices and preventive method. She also focus on mode of HIV transmission, treatment of HIV and ABCD method as well.
2. Sexually Transmitted Infections (STIs): She discussed the concept of STIs and their prevention methods, emphasizing the importance of responsible sexual health. She also focuses on types of STIs and relation between HIV and STI.
3. Menstrual Cycle: Ms. Joshi explained the menstrual cycle, its normalcy, and how to manage it with care and hygiene.



This SRH training aimed to educate the students about essential aspects of sexual and reproductive health, promoting a better understanding of these topics and emphasizing the importance of informed decisions for a healthy future. After this training students demanded more detail training on menstruation cycle and reproductive cycle of human being. Hence, CAC-Nepal plan to provide training on October 2023.

5. Support to school for educational materials and games

J P School found itself in a situation where its students had a strong desire to engage in



recreational activities and play games, yet the school lacked the necessary equipment and resources to make this possible. Recognizing the importance of providing students with a well-rounded education that includes physical activities and leisure time, CAC-Nepal took proactive steps to address this need. CAC-Nepal distributed popular choices indoor and out door games like badminton,

which can be played in the school's outdoor areas, and carom board, an indoor game that can be enjoyed during breaks or in designated leisure spaces within the school.



LESSONS LEARNED

1. "Investing in students today is an investment in a brighter future". CAC-Nepal believes that the organization is making the right choice by directing their investments towards students, as they see this as a strategic and meaningful investment for a brighter future of the children.
2. Students have their hidden talents, if they got right education and opportunity they can do many more.
3. Similer to JP school, there are other schools where children are seeking scholarship and other educational supports.

WORKPLAN FOR NEXT REPORTING PERIOD

S.No	Activities	Timeline						Remarks
		Oct	Nov	Dec	Jan	Feb	March	
1.	Cover of School expenses 20 students of Judodaya Higher Secondary School.							
1.1	Support for admission, exam fee of 20 students of Judodaya Higher Secondary school							
1.2	Distribution of dress, bag, shoes, book/copy and stationery							
1.3	Support extra tuition fee for them who are weak							
2	Formation of parent teacher association (PTA) and regular meeting with them.							
3.	Training to teacher on child psychology and child friendly environment.							
3.1	Orientation on child psychology and child friendly environment to teachers							
3.2	Provide gender equality training to all teachers							
4.	Event celebration: oratory context, public speaking, time management,							
4.1	Conduct oratory context, debate among the 4 to 10 class students							
4.2	Conduct public speaking and time management training to students of 8 to 10 class.							
5.	Support to school for educational materials and games							

6.	Awareness raising activities on sexual and reproduction health (HIV, STI, Menstruation, etc.)							
6.1	Awareness raising classes on sexual and reproduction health (HIV, STI, Menstruation, etc.) to students							
6.2	Provide raining on sexual and reproduction health (HIV, STI, Menstruation, etc.) to teachers.							

Annex 1:

1. Name: Anisha Chepang

Class: 5

Permanent address: Chitwan

Temporary address: Naya Bazar

Guardian: Sushila Gauchan / Indu Prakash Gauchan

Phone No: 9851096867

2. Simran Shrestha

Class: 6

Permanent address: Dolakha

Temporary address: Thahiti

Parent: Saroj Shrestha (Mother disable)

Phone No: 9803394021

Income: Small tea shop

3. Name: Anjana Majhi

Class: 6

Permanent address: Ramechhap

Temporary address: Jyatha

Parent: Manju Majhi/ Yogya Bdr Majhi (Mother/Father)

Phone No: 9851157267

Income: Sells boy

4. Name: Smriti Basyal

Class: 6

Permanent address: Dharding

Temporary address: Chatrapati

Parent: Sita basyal /Surya Bdr Basyal (Mother/Father)

Phone No: 9818987870

Income: Riksha driver

5. Name: Barsha Basyal

Class: 6

Permanent address: Dharding

Temporary address: Chatrapati

Parent: Sita basyal / Surya Bdr Basyal (Mother/Father)

Phone No: 9818987870

Income: Riksha driver

6. Name: Aayusma Tamang

Class: 5

Permanent address: Dolkha

Temporary address: Thamel

Parent: Januka Lama Tamang / Dhan Bdr Tamang (Mother/Father)

Phone No: 9808201278

Income: Office Cleaner

7. Name: Binita Magar

Class:

Permanent address: Ramechhap

Temporary address: Sorakhute

Guardient: Urmila Magar/ Binod Magar (but living with Aunty due to domestic violence)

Phone No: 9803743321

Income: Labour

8. Name: Jesika Magar

Class: 1

Permanent address: Ramechhap

Temporary address: Sorakhute

Guardients: Urmila Magar/ Binod Magar (but living with Aunty due to domestic violence)

Phone No: 9803743321

Income: Labour

9. Name: Rupa Tamang

Class: 6

Permanent address: Bhurung, Sindhupalchock

Temporary address: Thamel

Parent: Sita Tamang (Grand Mother)

Phone No: 9812201907

Income: Labour

10. Name: Jasmine Gole

Class: 7

Permanent address: Dachinkali

Temporary address: Thamel

Parent: Sushila Tamang / Phul Maya Tamang (Father/Mother)

Phone No: 9810621573 Income: Labour

11. Name: Nisungma Tamang

Class: 4

Permanent address: Sindhupalchowk

Temporary address: Dallu

Parent: Orphan

Guardian: Urmila Shiwakoti

Phone No: 9860556273

12. Name: Bina Lama

Class: 4

Permanent address: Makwanpur

Temporary address: Thamel

Parent: Orphan

Guardian: Nima Lama

Phone No: 9818776555

Income: Cleaning

13. Name: Roshani Nepal

Class: 7

Permanent address: Dolakha

Temporary address: Dhalko

Parent: Orphan

Parent: Sharmila Nepali (father disable)

Phone No: 9826856163/9865337053

Income: Garment

14. Name: Minisha Nepali

Class: 6

Permanent address: Dolakha

Temporary address: Naya Bazar

Parent: Orphan

Parent: Anju Nepali (Mother)

Phone No: 9860238870

Income: Garment

15. Name: Smriti Jirel

Class: 5

Permanent address: Bhrunkhel

Temporary address: Thamel

Guardian: Kamal jirel (Uncle)

Parent: Orphan

16. Name: Bandana Shahi

Class: 5

Permanent address: Surkhet

Temporary address: Dhobichaur

Parent: Purnima Shahi (Single mother father expired)

Phone No: 9810124165/9745682129

17. Name: Alina Pariyar

Class: 5

Permanent address: Nuwakot

Temporary address: Chamati

Parent: Ram Pariyar (Single mother, left by father)

Phone No: 9813954489

Income: Garment

18. Name: Simran Tamang

Class: 5

Permanent address: Nuwakot

Temporary address: Dhalko

Parent: Krishna Tamang (Single mother, left by father)

Phone No: 9803683389

Income: labour

19. Name: Nirmit Maharjan

Class: 5

Permanent address: Nuwakot

Temporary address: Dhalko

Parent: Soni Maharjan

Phone No: 9810222891

Income: labour

20. Name: Priya Sonam

Class: 6

Permanent address: Gorkha

Temporary address: Dhalko

Parent: Saraswati Sonam (Single Mother, Father expired)

Phone No: 9818087021

Income: Cleaning job at office